

Communication

Most communicators will have both strengths and weaknesses when it comes to their communication skills and style. Taking time to evaluate what you are good at, and what you are not-so-good at, can help you perfect your communication skills and improve your ability to connect with people.



Monthly Webinar Series

Communication Skills - Beyond Words! **Tuesday, August 15th, 2017 at 3pm Eastern**

There is so much more to communications than the spoken word, in fact, over 60 percent of your message is communicated without words. Participants in this session will learn about non-verbal communication, communication channels through social media, and perceptions of communication through one's appearance.

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Points to Ponder

When you're speaking to someone, it's not just your words that they are observing. Think about the messages you are sending through tone of voice and body language:

Tone of voice: Does your voice sound urgent or hesitant? Do you sound nervous or are you stammering? Do you sound light-hearted or belligerent?

Body language: Are you making eye contact? Are your arms folded? Are you leaning forward aggressively or looking relaxed? Are you fidgeting or obviously distracted?

If your body language and tone of voice send a different message than your words, try to find out why. Are you really saying what you mean?

To learn more, log-in now at www.ndbh.com