## Suicide Facts



Over **44,000 Americans** die by suicide every year



Suicide is the 4th leading cause of death for people 18-65



For every death by suicide, there are over 25 suicide attempts

## Suicide can be prevented.

It's up to everyone to learn the warning signs and reach out and help those with suicidal thoughts and feelings.

**National Suicide Prevention Lifeline** 800-273-8255



NEW DIRECTIONS® ndbh.com/suicide

Source: Centers for Disease Control